



Special Eurobarometer 525

Sport and Physical Activity

Survey requested and coordinated by the European Commission,
Directorate-General for Education, Youth, Sport and Culture

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The interpretations and opinions contained in it are solely those of the authors.

Annex

Fieldwork: April-May 2022

Special Eurobarometer 525
Sport and Physical Activity

Special Eurobarometer 525 Sport and Physical Activity



























QB1 How often do you exercise or play sport? By "exercise" we mean any form of physical activity which you do in a sport context or sport-related setting, such as swimming, training in a fitness centre or a sport club, running in the park.
(%)

		5 times a week or more		3 to 4 times a week		1 to 2 times a week		1 to 3 times a month		Less often		Never		Don't know
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022
EU27		6	-1	12	0	20	-1	6	1	11	2	45	-1	0
BE		4	-4	11	-1	28	-1	11	5	18	2	28	-1	0
BG		4	2	5	1	12	2	4	0	14	3	61	-7	0
CZ		7	2	11	4	26	6	11	3	19	0	26	-15	0
DK		11	-1	20	0	28	-3	9	1	13	4	19	-1	0
DE		8	3	11	-2	24	-6	9	4	16	7	32	-6	0
EE		8	1	14	5	20	1	11	4	17	7	30	-18	0
IE		14	1	24	3	17	-2	2	-1	8	-2	35	1	0
EL		4	2	10	1	9	-3	2	0	7	0	68	0	0
ES		11	-3	16	2	15	0	3	0	8	0	47	1	0
FR		8	2	13	4	21	-6	4	-2	9	3	45	-1	0
HR		5	0	10	4	15	2	7	3	23	7	40	-16	0
IT		2	1	10	2	22	3	3	0	7	0	56	-6	0
CY		11	0	13	-2	16	3	4	-1	10	0	46	0	0
LV		9	3	13	4	17	5	8	3	20	9	33	-23	0
LT		9	-2	9	1	15	1	5	-1	10	0	52	1	0
LU		13	1	21	3	29	3	6	-2	10	0	21	-5	0
HU		4	-5	6	-3	16	1	6	3	9	-2	59	6	0
MT		7	-4	11	1	14	5	8	5	28	17	32	-24	0
NL		7	1	22	3	31	0	6	0	9	2	25	-6	0
AT		6	2	12	0	23	1	9	0	15	2	35	-5	0
PL		2	-3	6	-3	14	0	3	-2	10	0	65	9	0
PT		4	-1	7	0	11	-4	1	0	4	0	73	5	0
RO		2	-5	5	2	13	4	6	0	11	-1	63	0	0
SI		11	-4	18	2	23	3	7	3	16	-5	25	1	0
SK		6	1	11	3	17	2	7	0	15	-1	43	-6	1
FI		18	1	28	3	25	-2	9	3	12	0	8	-5	0
SE		9	-5	22	-1	28	-2	11	2	18	9	12	-3	0

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QB1R How often do you exercise or play sport? By "exercise" we mean any form of physical activity which you do in a sport context or sport-related setting, such as swimming, training in a fitness centre or a sport club, running in the park.

(%)

		Regularly		With some regularity		Seldom		Never		Don't know
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	
EU27		6	-1	32	-1	17	3	45	-1	0
BE		4	-4	39	-2	29	7	28	-1	0
BG		4	2	17	3	18	3	61	-7	0
CZ		7	2	37	10	30	3	26	-15	0
DK		11	-1	48	-3	21	4	20	0	0
DE		8	3	35	-8	25	11	32	-6	0
EE		8	1	34	6	28	11	30	-18	0
IE		13	0	41	1	11	-2	35	1	0
EL		4	2	19	-2	9	0	68	0	0
ES		11	-3	31	2	11	0	47	1	0
FR		8	2	33	-3	14	2	45	-1	0
HR		6	1	24	5	30	10	40	-16	0
IT		3	2	31	4	10	0	56	-6	0
CY		11	0	29	1	14	-1	46	0	0
LV		9	3	30	8	28	12	33	-23	0
LT		9	-2	23	1	15	-1	53	2	0
LU		13	1	50	6	16	-1	21	-6	0
HU		4	-5	22	-2	15	1	59	6	0
MT		7	-4	25	6	37	23	31	-25	0
NL		7	1	53	2	15	3	25	-6	0
AT		7	3	35	1	23	1	35	-5	0
PL		2	-3	21	-2	12	-3	65	9	0
PT		4	-1	18	-3	5	-1	73	5	0
RO		2	-4	18	5	18	0	62	-1	0
SI		11	-4	41	5	23	-2	25	1	0
SK		6	1	29	6	22	-1	43	-6	0
FI		18	1	53	1	21	3	8	-5	0
SE		9	-5	50	-3	29	11	12	-3	0

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QB2 And how often do you engage in other physical activity such as cycling from one place to another, dancing, gardening, etc.? By "other physical activity" we mean physical activity for recreational or non-sport-related reasons.
(%)

		5 times a week or more		3 to 4 times a week		1 to 2 times a week		1 to 3 times a month		Less often		Never		Don't know	
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017
EU27		14	0	14	3	22	3	8	-1	11	-1	31	-4	0	
BE		19	3	17	3	27	6	11	0	15	-5	11	-7	0	
BG		8	1	10	3	15	2	8	-1	17	0	42	-3	0	
CZ		11	4	16	9	30	11	12	-3	18	-5	13	-16	0	
DK		33	3	21	4	25	3	8	-3	6	-4	6	-4	1	
DE		18	-2	15	0	29	4	8	-1	11	1	18	-2	1	
EE		17	-2	20	8	27	3	10	1	11	-2	15	-8	0	
IE		10	2	18	6	21	1	6	-1	12	-4	33	-4	0	
EL		8	2	9	0	14	-5	5	-2	11	-3	53	8	0	
ES		10	-1	12	6	16	-1	5	0	12	2	45	-6	0	
FR		16	1	14	3	23	1	11	1	8	0	27	-7	1	
HR		11	3	15	5	22	6	9	0	20	0	23	-14	0	
IT		5	0	9	5	19	5	9	1	12	0	46	-11	0	
CY		13	6	8	2	18	2	5	-1	15	2	41	-11	0	
LV		25	1	17	4	23	3	11	0	12	0	12	-7	0	
LT		25	13	14	5	21	2	9	-1	11	-4	20	-15	0	
LU		22	7	19	5	27	4	9	-1	10	-7	13	-8	0	
HU		16	-1	12	0	21	6	7	0	10	-3	34	-2	0	
MT		4	-1	8	3	14	7	13	9	26	15	35	-33	0	
NL		43	-2	24	7	21	3	5	-1	3	-4	4	-3	0	
AT		11	4	17	3	31	10	9	-6	14	-2	18	-9	0	
PL		6	-3	10	0	22	2	9	0	11	-1	42	3	0	
PT		4	-1	5	0	8	-3	4	-2	7	-2	72	8	0	
RO		5	-4	5	1	17	6	8	-1	13	-3	52	1	0	
SI		17	3	20	7	26	5	10	1	13	-10	14	-6	0	
SK		21	7	24	11	22	1	6	-4	11	-4	16	-10	0	
FI		27	10	28	7	26	-1	7	-3	8	-5	4	-7	0	
SE		31	1	22	6	25	-2	10	0	9	0	3	-5	0	

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QB2R And how often do you engage in other physical activity such as cycling from one place to another, dancing, gardening, etc.? By "other physical activity" we mean physical activity for recreational or non-sport-related reasons.

(%)

		Regularly		With some regularity		Seldom		Never		Don't know
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	
EU27		14	0	36	6	19	-2	31	-4	0
BE		19	4	45	10	25	-7	11	-7	0
BG		8	1	25	5	25	-1	42	-3	0
CZ		12	5	46	20	29	-9	13	-16	0
DK		32	2	47	8	14	-7	6	-4	1
DE		18	-2	44	4	20	1	18	-2	0
EE		17	-2	47	11	21	0	15	-8	0
IE		10	2	39	7	18	-5	33	-4	0
EL		8	2	23	-5	16	-5	53	8	0
ES		10	-1	28	5	17	2	45	-6	0
FR		16	1	37	4	19	1	27	-7	1
HR		11	3	37	11	29	0	23	-14	0
IT		5	0	28	10	21	1	46	-11	0
CY		13	6	26	4	20	1	41	-11	0
LV		25	2	40	6	23	0	12	-7	0
LT		25	13	36	8	20	-5	19	-16	0
LU		22	7	46	9	19	-8	13	-8	0
HU		16	-2	34	7	16	-3	34	-2	0
MT		4	-1	22	11	39	23	35	-33	0
NL		43	-2	45	10	8	-5	4	-3	0
AT		11	4	48	13	23	-7	18	-9	0
PL		6	-3	33	4	19	-2	42	3	0
PT		4	-1	13	-3	11	-4	72	8	0
RO		5	-4	22	7	21	-4	52	1	0
SI		18	4	46	12	22	-10	14	-6	0
SK		21	7	46	12	17	-7	16	-11	0
FI		27	10	54	6	15	-8	4	-7	0
SE		31	1	47	4	19	0	3	-5	0





























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QB3 In the last 7 days, on how many days did you do vigorous physical activity like lifting heavy things, digging, aerobics or fast cycling?
(%)

		1 day		2 days		3 days		4 days		5 days		6 days		7 days		None		Don't know
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	
EU27		13	0	17	3	13	2	8	2	7	1	3	1	6	0	33	-8	0
BE		20	0	17	7	10	1	6	2	5	0	2	1	3	0	37	-11	0
BG		14	3	16	0	11	1	9	5	8	3	3	1	6	1	33	-12	0
CZ		18	4	18	2	12	3	7	2	6	-1	1	0	5	2	33	-12	0
DK		16	2	16	-1	13	4	8	4	8	2	3	2	5	2	31	-15	0
DE		17	3	21	4	13	2	7	1	8	-1	2	0	6	-3	26	-5	0
EE		11	-3	15	3	15	4	11	5	10	1	3	1	9	1	26	-12	0
IE		5	-3	17	3	18	4	11	2	9	3	1	-1	5	2	34	-10	0
EL		11	-1	17	2	11	1	7	2	6	0	2	0	6	4	40	-8	0
ES		6	-3	15	0	14	5	11	6	6	0	2	-1	7	1	39	-8	0
FR		17	1	12	1	12	4	6	1	4	-2	3	1	6	0	40	-6	0
HR		12	0	15	1	17	3	9	1	8	4	5	2	6	2	28	-12	0
IT		7	-4	18	-1	13	2	6	2	7	5	2	1	3	1	44	-6	0
CY		12	2	17	6	11	3	6	1	5	-1	6	0	8	5	35	-16	0
LV		12	1	14	-1	13	6	8	4	9	1	3	0	12	2	29	-13	0
LT		10	-2	11	0	9	2	6	1	9	1	5	2	11	5	38	-10	1
LU		13	-4	17	4	15	5	8	3	6	-1	3	-1	8	0	30	-5	0
HU		12	3	18	4	14	4	6	-1	8	0	4	0	9	-2	29	-8	0
MT		11	2	35	25	11	3	8	4	3	-2	2	-1	2	-5	28	-26	0
NL		15	-2	20	1	15	2	9	2	7	1	3	2	6	3	25	-9	0
AT		13	-2	19	0	9	-4	9	1	7	2	2	0	4	1	37	3	0
PL		12	3	24	9	15	1	6	0	6	-1	3	0	5	-2	29	-8	0
PT		4	-6	13	2	11	1	8	3	7	1	2	1	6	2	49	-3	0
RO		11	-1	12	1	14	5	12	7	11	4	6	2	5	-2	29	-15	0
SI		13	2	18	6	11	3	5	0	6	1	4	2	5	-1	38	-13	0
SK		10	1	14	-2	16	5	16	9	15	5	3	-1	6	0	20	-14	0
FI		15	-1	18	1	16	0	12	4	9	3	4	1	7	2	19	-10	0
SE		14	-4	17	2	17	5	11	5	7	2	2	-1	4	-1	28	-8	0





























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Sport and Physical Activity

QB3R In the last 7 days, on how many days did you do vigorous physical activity like lifting heavy things, digging, aerobics or fast cycling?
(%)

		1-3 days		4-7 days		Never		Don't know
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022
EU27		44	6	23	3	33	-8	0
BE		47	9	16	2	37	-11	0
BG		41	4	26	10	33	-12	0
CZ		48	10	19	2	33	-12	0
DK		45	4	24	10	31	-14	0
DE		51	9	23	-3	26	-5	0
EE		41	5	33	8	26	-12	0
IE		40	3	26	6	34	-9	0
EL		39	2	21	6	40	-8	0
ES		36	2	25	6	39	-8	0
FR		41	6	19	0	40	-6	0
HR		44	4	28	8	28	-11	0
IT		38	-3	18	9	44	-6	0
CY		40	11	25	5	35	-16	0
LV		40	7	32	7	28	-14	0
LT		30	1	32	10	38	-10	0
LU		45	5	25	1	30	-5	0
HU		44	11	27	-3	29	-8	0
MT		57	30	15	-4	28	-26	0
NL		50	2	24	6	26	-8	0
AT		41	-6	22	4	37	3	0
PL		51	13	20	-3	29	-8	0
PT		29	-1	22	6	49	-3	0
RO		37	5	34	11	29	-15	0
SI		42	12	20	2	38	-14	0
SK		40	3	40	14	20	-14	0
FI		50	1	32	10	18	-11	0
SE		48	3	23	4	29	-7	0

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QB4 In general, on days when you do a vigorous physical activity, how much time do you spend at it?
(%)

		30 minutes or less		31 to 60 minutes		61 to 90 minutes		91 to 120 minutes		More than 120 minutes		Never do any vigorous physical activity		Don't know		Never		30min or less		31min to 90min		91min or more	
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017
EU27		16	0	32	2	17	2	7	0	7	-2	21	-1	0	21	-1	0	16	0	49	4	14	-2
BE		24	1	29	4	13	4	5	-2	6	-3	23	-4	0	23	-4	24	1	42	8	11	-5	
BG		17	0	30	1	21	6	7	1	9	-1	15	-4	1	15	-4	17	0	51	7	16	0	
CZ		14	-3	33	2	18	-1	9	4	11	1	14	-3	1	14	-3	14	-3	51	1	20	5	
DK		21	5	31	0	16	2	6	1	7	2	19	-9	0	19	-9	21	5	47	2	13	3	
DE		22	2	31	5	16	1	6	-4	8	-2	17	0	0	17	0	22	2	47	6	14	-6	
EE		14	7	27	0	21	2	9	-1	15	-4	11	-4	3	11	-4	14	7	48	2	24	-5	
IE		18	0	33	-6	18	5	7	3	4	1	20	-2	0	20	-2	18	0	51	-1	11	4	
EL		21	-3	34	3	12	1	6	1	4	-2	23	0	0	23	0	21	-3	46	4	10	-1	
ES		10	1	31	-2	21	5	7	0	5	-3	26	-1	0	26	-1	10	1	52	3	12	-3	
FR		15	0	27	2	15	1	9	2	10	-2	24	-2	0	24	-2	15	0	42	3	19	0	
HR		16	-2	29	-2	21	9	8	2	9	0	17	-6	0	17	-6	16	-2	50	7	17	2	
IT		10	-4	35	0	14	1	4	1	2	0	35	2	0	35	2	10	-4	49	1	6	1	
CY		24	13	34	6	12	-2	5	0	4	-4	21	-13	0	21	-13	24	13	46	4	9	-4	
LV		11	0	25	2	17	1	9	1	22	2	16	-5	0	16	-5	11	0	42	3	31	3	
LT		10	-8	23	1	14	-1	8	2	17	0	27	6	1	27	6	10	-8	37	0	25	2	
LU		13	-5	25	0	22	3	6	-3	8	-3	26	8	0	26	8	13	-5	47	3	14	-6	
HU		18	0	33	8	15	0	7	0	10	-2	17	-5	0	17	-5	18	0	48	8	17	-2	
MT		23	1	38	7	12	7	7	4	4	1	16	-20	0	16	-20	23	1	50	14	11	5	
NL		14	2	33	3	22	2	9	1	9	-3	13	-5	0	13	-5	14	2	55	5	18	-2	
AT		12	-4	23	-4	17	-3	8	1	6	1	33	10	1	33	10	12	-4	40	-7	14	2	
PL		13	-4	40	6	20	6	7	-1	4	-3	16	1	0	16	1	13	-4	60	12	11	-4	
PT		18	6	30	8	20	3	3	-3	1	-4	28	-8	0	28	-8	18	6	50	11	4	-7	
RO		22	3	24	-3	19	6	11	3	6	-4	17	-5	1	17	-5	22	3	43	3	17	-1	
SI		14	-1	34	7	19	4	8	2	6	0	19	-12	0	19	-12	14	-1	53	11	14	2	
SK		14	-2	28	-5	25	3	9	3	11	6	12	0	1	12	0	14	-2	53	-2	20	9	
FI		16	1	45	4	20	-2	5	0	5	1	9	-3	0	9	-3	16	1	65	2	10	1	
SE		14	4	44	4	20	-1	6	-4	6	-1	10	-2	0	10	-2	14	4	64	3	12	-5	

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QB5 In the last 7 days, on how many days did you do moderate physical activity like carrying light loads, cycling at normal pace or doubles tennis? Please do not include walking.
(%)

	1 day		2 days		3 days		4 days		5 days		6 days		7 days		None		Don't know
	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	
	EU27	11	0	19	3	16	3	10	3	9	0	4	1	12	-2	19	
BE	15	-3	20	1	14	2	8	-1	9	-2	4	2	11	1	19	0	0
BG	11	0	15	-1	12	1	9	1	7	1	2	0	9	-2	35	4	0
CZ	21	4	21	2	13	4	6	-1	7	-1	3	2	5	0	24	-9	0
DK	11	1	16	3	14	1	9	2	12	0	3	-1	15	-5	20	-1	0
DE	8	0	18	1	18	4	13	3	12	0	5	1	17	-3	9	-4	0
EE	12	2	18	4	15	5	13	8	10	1	4	1	12	-6	16	-12	0
IE	4	-3	18	2	17	4	11	1	10	1	2	0	12	3	26	-8	0
EL	10	-1	18	1	15	-4	7	-4	8	1	3	0	10	0	29	7	0
ES	7	-2	18	3	17	5	9	4	7	1	2	0	13	-1	27	-10	0
FR	15	0	18	3	12	1	7	1	8	1	2	0	12	0	25	-7	1
HR	12	2	16	-4	15	-2	11	3	8	1	5	0	8	-1	25	3	0
IT	14	2	24	2	19	7	7	3	7	3	4	2	4	-1	21	-16	0
CY	10	0	19	5	11	4	5	0	7	0	4	-4	11	5	33	-10	0
LV	11	1	16	2	14	5	7	3	8	0	2	0	14	-4	27	-7	1
LT	7	-2	17	5	12	-1	11	4	13	3	5	2	15	5	20	-15	0
LU	13	0	17	0	22	9	9	2	8	0	3	-2	10	-9	18	1	0
HU	7	-1	18	0	20	4	10	1	12	-1	5	1	15	-1	13	-3	0
MT	16	6	32	18	10	2	6	1	6	3	2	0	2	-6	26	-24	0
NL	9	0	15	-1	15	2	12	5	11	-3	6	2	21	0	11	-5	0
AT	11	-6	23	1	14	-2	11	0	12	3	4	2	8	1	17	2	0
PL	13	4	28	12	15	-2	10	3	6	0	5	3	8	-5	15	-11	0
PT	8	-3	18	1	14	2	8	2	7	-1	2	0	4	-3	38	3	1
RO	11	0	13	-1	15	5	14	7	10	2	5	3	6	-8	26	-7	0
SI	12	-1	17	2	14	5	9	3	7	2	5	1	11	-1	25	-11	0
SK	12	0	19	2	16	4	17	10	12	2	2	-1	6	0	15	-14	1
FI	12	0	18	-3	16	0	9	2	11	6	3	0	14	3	17	-8	0
SE	13	-2	18	5	13	-1	7	0	10	0	2	0	11	-3	26	1	0

Special Eurobarometer 525
Sport and Physical Activity





























QB5R In the last 7 days, on how many days did you do moderate physical activity like carrying light loads, cycling at normal pace or doubles tennis? Please do not include walking.

(%)

		1-3 days		4-7 days		Never		Don't know
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	
EU27		46	6	34	2	19	-7	1
BE		49	0	32	0	19	0	0
BG		39	1	26	-1	35	4	0
CZ		55	10	21	0	24	-9	0
DK		41	5	40	-3	19	-2	0
DE		44	5	46	0	10	-3	0
EE		44	10	39	4	17	-11	0
IE		39	3	35	5	26	-8	0
EL		43	-4	28	-3	29	7	0
ES		43	7	30	3	27	-10	0
FR		45	4	29	2	25	-7	1
HR		44	-3	31	2	25	3	0
IT		56	10	23	7	21	-16	0
CY		40	9	27	1	33	-10	0
LV		41	7	31	-1	27	-7	1
LT		36	3	44	13	20	-15	0
LU		52	9	30	-9	18	1	0
HU		45	2	41	0	14	-2	0
MT		57	25	17	-1	26	-24	0
NL		39	1	51	5	10	-6	0
AT		49	-6	34	5	17	2	0
PL		57	15	28	0	15	-11	0
PT		40	0	21	-2	38	3	1
RO		39	4	35	4	26	-7	0
SI		44	7	31	4	25	-11	0
SK		47	6	37	11	15	-14	1
FI		46	-3	37	11	17	-8	0
SE		43	1	31	-1	26	0	0

Special Eurobarometer 525 Sport and Physical Activity

QB6 In general, on days when you do a moderate physical activity, how much time do you spend at it?
(%)

		30 minutes or less		31 to 60 minutes		61 to 90 minutes		91 to 120 minutes		More than 120 minutes		Never do any moderate physical activity		Don't know
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022
EU27		22	0	37	3	17	2	7	1	7	-1	10	-3	0
BE		29	-1	34	-1	15	3	6	1	7	-1	9	-1	0
BG		21	0	35	2	14	2	7	2	8	-2	14	2	1
CZ		18	-2	34	1	16	1	8	1	12	1	12	-1	0
DK		27	-1	40	5	12	0	5	0	8	-1	8	-2	0
DE		20	-2	36	6	21	2	8	-1	9	-2	5	-2	1
EE		15	1	31	2	18	0	11	2	18	3	5	-5	2
IE		24	-3	39	0	16	6	5	2	4	-1	12	-3	0
EL		22	-7	42	2	12	-2	5	0	4	0	15	8	0
ES		17	3	41	2	19	2	6	1	4	-1	13	-7	0
FR		27	1	30	-1	15	1	8	3	8	0	11	-3	1
HR		20	-3	32	-6	21	6	8	2	8	-1	11	4	0
IT		22	-2	43	7	15	5	4	2	1	0	15	-11	0
CY		27	3	36	4	11	-1	4	-2	5	0	17	-4	0
LV		15	1	30	2	14	1	8	-3	18	-1	15	1	0
LT		13	-8	28	2	19	9	11	2	17	2	12	-6	0
LU		15	-6	38	9	19	-1	8	-1	7	-7	13	7	0
HU		19	-3	40	7	19	2	7	-1	9	-2	6	-1	0
MT		25	-8	47	15	9	-2	4	2	4	1	11	-8	0
NL		21	-2	43	6	17	3	7	1	8	-2	4	-5	0
AT		20	-4	34	-3	19	3	9	2	5	2	12	3	1
PL		22	1	45	11	17	0	6	0	2	-2	8	-2	0
PT		17	4	43	8	16	-1	1	-4	1	-7	22	3	0
RO		25	1	25	-3	17	4	9	2	6	-2	18	-1	0
SI		19	-3	37	1	21	5	9	3	6	-2	8	-4	0
SK		18	-1	30	-1	25	4	11	5	9	4	6	-4	1
FI		20	-7	50	5	16	5	4	0	4	1	4	-4	2
SE		25	1	42	2	14	2	6	-1	6	-2	7	-2	0





























Special Eurobarometer 525 Sport and Physical Activity

QB7 In the last 7 days, on how many days did you walk for at least 10 minutes at a time?
(%)

		1 day		2 days		3 days		4 days		5 days		6 days		7 days		None		Don't know
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	
EU27		5	0	10	1	11	2	8	1	11	0	5	0	36	-2	14	-1	0
BE		9	-4	14	1	12	0	8	1	15	3	5	1	24	0	13	-2	0
BG		6	3	8	1	9	1	7	0	13	-1	4	-1	39	-5	13	3	1
CZ		5	0	12	1	12	2	10	2	13	-4	6	1	36	5	6	-6	0
DK		5	-1	8	-3	9	0	10	3	9	-1	4	-1	47	5	8	-1	0
DE		3	-1	7	-1	9	-1	8	1	14	3	8	0	43	-1	8	1	0
EE		5	1	8	0	11	3	9	2	11	1	6	3	42	-7	7	-3	1
IE		1	-3	10	1	14	1	14	3	13	0	4	-1	33	4	11	-5	0
EL		7	0	11	-2	12	0	9	0	13	0	4	-1	28	2	16	1	0
ES		1	-3	6	0	9	3	7	3	11	2	4	-1	55	0	7	-4	0
FR		8	2	9	2	9	-1	5	-3	9	-2	5	0	40	0	15	2	0
HR		7	0	10	1	14	1	12	3	11	0	5	0	24	-4	17	0	0
IT		6	1	12	0	12	3	9	1	10	2	4	-1	26	1	21	-6	0
CY		6	-6	13	4	10	1	8	1	9	1	6	1	22	4	25	-7	1
LV		6	-2	9	-1	13	5	9	4	10	3	5	0	37	-11	11	2	0
LT		5	1	9	2	11	2	9	4	12	-1	6	2	38	-3	10	-6	0
LU		7	0	8	1	11	2	9	3	11	4	3	0	43	-9	8	0	0
HU		5	-2	13	1	12	1	7	0	13	0	5	1	21	-5	24	4	0
MT		12	6	25	19	7	-1	11	4	12	3	5	0	20	-11	8	-20	0
NL		6	-1	9	1	10	-1	11	2	10	-1	6	1	40	5	8	-6	0
AT		7	-2	16	1	11	-1	9	-1	9	-3	3	-2	24	2	20	5	1
PL		8	3	15	7	16	3	11	4	11	2	4	1	15	-16	20	-2	0
PT		4	0	8	-1	10	1	5	-1	12	2	3	1	29	0	29	0	0
RO		7	3	8	2	11	5	9	4	9	1	6	2	34	-10	16	-6	0
SI		6	1	8	0	9	-2	8	1	11	-1	7	3	42	1	9	-3	0
SK		5	2	7	-1	12	3	14	4	16	2	4	-1	31	1	10	-6	1
FI		4	-4	8	-2	10	-2	11	0	13	1	7	2	41	9	6	-3	0
SE		6	0	10	-1	14	4	10	2	10	0	6	1	38	-2	6	-4	0





























Special Eurobarometer 525
Sport and Physical Activity

QB7R In the last 7 days, on how many days did you walk for at least 10 minutes at a time?
(%)

		1-3 days		4-7 days		Never		Don't know
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	
EU27		26	3	61	0	13	-2	0
BE		35	-4	52	6	13	-2	0
BG		23	5	63	-7	13	3	1
CZ		28	1	65	5	6	-6	1
DK		22	-5	70	7	8	-1	0
DE		20	-2	73	3	7	0	0
EE		24	4	68	-1	7	-3	1
IE		24	-1	65	7	11	-6	0
EL		30	-2	54	1	16	1	0
ES		16	1	77	3	7	-4	0
FR		26	3	59	-5	15	2	0
HR		31	2	52	-2	17	1	0
IT		31	5	48	2	21	-6	0
CY		29	-2	45	8	25	-7	1
LV		28	3	61	-5	11	2	0
LT		25	5	65	1	10	-6	0
LU		26	4	66	-3	8	0	0
HU		31	1	45	-5	24	4	0
MT		44	24	48	-4	8	-20	0
NL		25	-1	67	7	8	-6	0
AT		34	-3	45	-3	20	5	1
PL		39	13	41	-9	20	-2	0
PT		22	0	49	2	29	0	0
RO		25	9	59	-3	16	-5	0
SI		22	-2	69	5	9	-3	0
SK		23	2	66	8	10	-6	1
FI		23	-7	71	11	6	-3	0
SE		29	2	65	2	6	-4	0

Special Eurobarometer 525 Sport and Physical Activity

QB8 In general, on days when you walk for at least 10 minutes at a time, how much time do you spend walking?
(%)

		30 minutes or less		31 to 60 minutes		61 to 90 minutes		91 to 120 minutes		More than 120 minutes		Never walk for 10 minutes at a time		Don't know
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	
EU27		35	-5	34	4	11	2	5	1	4	0	10	-1	1
BE		38	-7	30	1	12	4	5	2	3	-1	11	0	1
BG		45	-5	29	3	7	1	3	0	2	0	13	3	1
CZ		36	-7	35	5	15	6	5	-1	4	1	5	-2	0
DK		35	-5	34	2	13	3	5	1	7	1	5	-1	1
DE		28	-8	38	4	15	2	7	2	6	1	5	0	1
EE		24	-8	33	3	15	3	7	-1	12	2	5	0	4
IE		32	-6	42	6	11	2	3	1	3	1	9	-3	0
EL		45	-8	32	4	6	0	2	0	2	1	13	3	0
ES		29	-3	38	1	18	4	6	1	5	0	4	-3	0
FR		38	-6	32	2	8	-1	6	3	5	0	10	1	1
HR		37	-11	30	2	14	8	5	2	2	-1	12	0	0
IT		39	-4	32	7	7	3	3	3	1	0	17	-8	1
CY		44	6	26	2	6	0	1	0	2	-1	20	-8	1
LV		22	-4	34	-5	16	3	8	-1	11	4	9	4	0
LT		38	-3	29	0	12	4	5	1	8	1	7	-2	1
LU		32	-8	36	9	18	4	3	-2	7	0	4	0	0
HU		40	0	26	-3	9	-1	3	1	3	0	19	4	0
MT		38	-7	42	18	7	3	4	3	2	0	7	-16	0
NL		33	-6	38	6	13	4	4	1	5	0	7	-4	0
AT		37	-3	31	-1	12	4	4	0	2	-1	13	2	1
PL		36	-5	34	8	10	1	3	0	2	0	14	1	1
PT		47	1	25	0	5	1	2	1	2	1	19	-2	0
RO		37	-5	26	1	11	3	7	3	5	1	14	-1	0
SI		34	-3	33	0	17	5	5	1	5	0	6	-1	0
SK		34	-1	28	0	16	5	5	2	6	2	9	-3	2
FI		27	-5	49	6	14	3	4	1	3	0	3	-3	0
SE		33	-1	44	2	14	4	3	-1	3	0	3	-4	0

Special Eurobarometer 525 Sport and Physical Activity





























Q89 How much time do you spend sitting on a usual day? This may include time spent at a desk, visiting friends, studying or watching television.
(%)

	1 hour or less		1 hour 1 minute to 1 hour 30 minutes		1 hour 31 minutes to 2 hours 30 minutes		2 hours 31 minutes to 3 hours 30 minutes		3 hours 31 minutes to 4 hours 30 minutes		4 hours 31 minutes to 5 hours 30 minutes		5 hours 31 minutes to 6 hours 30 minutes		6 hours 31 minutes to 7 hours 30 minutes		7 hours 31 minutes to 8 hours 30 minutes		More than 8 hours and 30 minutes		Don't know
	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	
	EU27	4	0	4	0	7	-1	14	1	15	1	15	2	12	0	9	-1	7	0	11	
BE	6	1	4	0	5	-1	11	0	14	0	14	-1	14	2	9	-1	8	0	14	-1	1
BG	3	0	3	1	5	1	9	-2	16	2	17	5	14	1	13	2	8	2	9	-5	3
CZ	3	1	2	-2	6	1	11	0	13	0	13	2	11	-1	10	0	10	2	19	-2	2
DK	2	0	3	1	4	0	7	-2	12	-2	14	3	15	3	13	2	9	-2	20	-3	1
DE	3	0	5	2	11	0	15	1	14	0	15	2	13	-1	6	-1	7	-1	10	-1	1
EE	4	2	3	0	6	0	12	0	14	-1	16	3	12	1	12	1	8	-3	12	-2	1
IE	5	1	4	-2	7	-3	17	2	18	3	16	3	10	0	9	-1	8	0	6	-2	0
EL	1	0	1	-1	4	0	9	-3	15	1	14	0	16	2	10	-3	11	5	18	-1	1
ES	2	-1	3	-1	5	-5	18	0	20	3	18	4	11	-2	7	-1	7	1	9	2	0
FR	6	0	3	-1	7	-2	15	1	13	-3	16	3	11	-1	10	2	7	1	11	0	1
HR	7	1	5	-2	10	2	12	0	15	2	11	-2	12	-1	8	-1	8	1	12	1	0
IT	4	0	5	3	7	1	13	-1	14	0	15	1	15	4	11	-4	6	-1	7	-2	3
CY	6	0	4	-3	6	-3	9	-7	12	-3	13	0	9	1	10	4	10	3	18	5	3
LV	4	0	6	1	8	1	14	0	16	-2	14	3	11	0	6	-1	8	0	12	-2	1
LT	1	-2	4	0	8	1	15	-2	17	1	15	0	11	0	10	2	8	1	10	-1	1
LU	5	0	6	2	10	3	12	-3	11	-3	14	1	11	0	9	-1	6	-3	15	5	1
HU	7	4	6	0	11	-1	12	-1	15	1	13	-2	12	3	9	2	7	0	7	-3	1
MT	3	-3	4	-2	4	-5	9	-3	15	2	13	-1	16	6	16	9	11	3	9	-5	0
NL	1	0	1	1	4	3	8	2	10	-1	11	-2	16	3	13	1	10	0	26	-7	0
AT	1	-1	3	-2	6	1	11	4	15	3	15	-1	14	-2	12	-4	7	-1	12	3	4
PL	9	1	7	2	7	-2	13	2	16	3	12	3	11	1	7	-1	6	-3	9	-1	3
PT	4	-1	5	-1	13	1	15	-3	19	8	13	3	10	2	6	-4	3	-3	9	-1	3
RO	9	-7	5	-2	9	0	12	-1	15	5	10	0	10	4	8	0	6	2	13	1	3
SI	5	-1	5	2	9	-1	17	-1	14	-1	11	0	11	1	8	1	9	2	11	-1	0
SK	9	4	4	1	6	0	14	5	13	1	13	-1	11	-1	7	-6	10	4	11	0	2
FI	3	-1	2	-2	9	3	14	1	16	-1	12	0	14	1	9	-2	7	0	14	3	0
SE	1	1	2	0	5	0	10	1	15	2	15	-1	13	2	13	1	9	-3	17	-3	0

Special Eurobarometer 525
Sport and Physical Activity

QB9R How much time do you spend sitting on a usual day? This may include time spent at a desk, visiting friends, studying or watching television.

(%)

		2h30min or less		2h31min to 5h30min		5h31min to 8h30min		8h31min or more		Don't know
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	
EU27		16	0	43	3	28	-1	11	-1	2
BE		16	1	39	-1	31	1	14	-1	0
BG		11	2	42	5	35	5	9	-5	3
CZ		11	0	37	2	31	1	19	-2	2
DK		9	2	33	-1	37	2	20	-3	1
DE		19	3	44	3	25	-4	10	-2	2
EE		13	1	42	2	32	0	12	-2	1
IE		16	-4	50	6	27	0	6	-2	1
EL		5	-2	39	-1	37	4	18	-1	1
ES		10	-8	56	7	25	-1	9	2	0
FR		16	-3	44	1	28	1	11	0	1
HR		23	2	37	-2	27	-1	12	1	1
IT		15	3	42	0	33	0	7	-2	3
CY		16	-6	34	-10	29	8	18	5	3
LV		17	1	45	1	26	1	12	-2	0
LT		13	-2	48	0	29	4	10	-1	0
LU		20	4	37	-5	27	-3	15	5	1
HU		24	3	40	-2	27	4	7	-3	2
MT		11	-10	36	-3	44	19	9	-5	0
NL		7	4	28	-2	39	4	26	-6	0
AT		10	-1	40	4	34	-6	12	3	4
PL		23	1	41	8	24	-3	9	-1	3
PT		21	-2	47	8	20	-4	9	-1	3
RO		23	-8	37	4	24	5	13	1	3
SI		19	0	43	-1	27	3	11	-1	0
SK		19	5	40	4	28	-3	11	1	2
FI		14	1	42	-1	30	-2	14	3	0
SE		8	1	40	2	35	0	17	-3	0





























Special Eurobarometer 525 Sport and Physical Activity

QB10 Earlier you said you engage in sport or another physical activity, vigorous or not. Where do you do this? A sport club is an organised setting (for example karate club, football club). A sport centre is more generally a place where people can do different sports (e.g. playing tennis, running). (MULTIPLE ANSWERS POSSIBLE)
(%)

		At a health or fitness centre		At a sport club		At a sport centre		At school or university		At work		At home		On the way between home and school, work or shops		In a park, outdoors, etc.		Elsewhere		Don't know	
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017
EU27		13	-2	12	-1	8	-4	4	-1	11	-2	37	5	24	1	47	7	1	-4	2	
BE		11	1	15	1	8	-3	7	2	12	-3	36	2	34	9	48	6	1	-2	1	
BG		13	-1	4	-1	4	0	4	-2	13	-2	47	-2	28	8	41	15	2	-5	2	
CZ		9	-6	5	-5	9	-4	4	0	9	-7	45	8	23	1	52	11	1	-1	1	
DK		26	0	16	-2	7	-6	2	-4	14	-4	46	19	18	-6	42	-2	1	-4	2	
DE		13	-1	15	-6	5	-4	3	-1	14	-4	48	7	23	-6	51	12	2	-2	1	
EE		13	0	11	-5	10	-1	4	-3	17	-9	50	2	30	5	58	7	1	-3	0	
IE		16	-4	16	1	9	-4	5	-2	5	-2	33	9	10	-5	41	-6	1	-2	2	
EL		25	3	3	-2	5	0	6	1	12	-1	40	3	44	2	51	19	2	0	0	
ES		19	1	8	-2	7	-3	2	0	8	4	21	5	27	4	52	-1	1	-3	1	
FR		6	1	16	-2	4	-4	3	-1	9	-4	28	8	16	1	41	1	2	-6	5	
HR		9	2	7	2	6	-2	2	-2	13	0	53	3	23	-7	23	-4	2	-1	2	
IT		12	-3	9	3	20	-7	4	1	5	1	16	0	27	8	50	15	1	-5	1	
CY		28	7	5	0	5	-3	6	1	13	2	34	2	23	1	43	18	2	-3	1	
LV		5	-1	6	0	4	-4	3	-2	15	-11	54	0	20	-11	53	9	0	-3	0	
LT		1	-2	11	1	3	-2	4	-3	21	-1	68	9	15	-8	43	10	2	-3	2	
LU		12	-1	17	2	13	-2	3	-5	10	-5	38	-1	13	-8	50	2	1	-1	3	
HU		8	-1	2	-3	4	-2	4	0	21	2	63	4	31	2	26	9	1	-2	1	
MT		10	3	8	-9	7	0	4	-1	10	3	41	15	56	25	20	-6	2	-1	1	
NL		19	3	19	-5	15	-1	1	-4	13	-3	32	1	22	-17	43	2	1	-5	1	
AT		21	0	12	-1	5	-4	4	-2	9	-3	50	9	35	9	61	7	1	-4	1	
PL		7	-4	7	0	9	-6	6	-1	9	1	42	6	28	7	46	4	1	-3	2	
PT		30	3	5	-2	3	-2	11	5	5	-7	14	-3	26	9	52	9	3	-2	3	
RO		9	0	3	-1	4	1	5	-2	11	-2	58	-2	18	-7	22	5	2	-7	1	
SI		5	-1	7	-5	8	-5	4	-1	7	-5	58	9	16	0	60	9	0	-4	0	
SK		10	-4	8	3	3	-5	5	1	18	6	61	-1	48	17	49	8	1	-7	2	
FI		21	-4	9	0	12	-7	3	-1	14	4	48	4	31	2	66	-1	0	-3	1	
SE		31	-13	10	1	6	-4	2	1	9	-4	41	7	23	-9	37	-15	1	-2	1	

Special Eurobarometer 525 Sport and Physical Activity

QB11 Why do you engage in sport or physical activity? (MULTIPLE ANSWERS POSSIBLE)
(%)

		To improve your health		To improve your physical appearance		To counteract the effects of ageing		To have fun		To relax		To be with friends		To make new acquaintances		To meet people from other cultures		To improve physical performance	
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017
EU27		54	0	21	1	17	3	27	-3	39	1	19	0	5	-1	3	1	27	-1
BE		51	1	17	1	23	7	34	-3	49	1	24	5	6	-1	4	1	18	-3
BG		33	2	21	0	14	-1	21	5	33	9	21	7	5	2	1	-2	9	-1
CZ		54	9	20	-3	19	3	38	5	24	3	19	-4	4	-2	1	-1	16	-5
DK		70	-4	23	2	22	-2	33	-5	23	-6	21	-8	7	-3	1	-1	27	-3
DE		63	4	19	0	24	6	38	-4	41	-1	22	-1	6	0	3	1	36	-3
EE		50	-11	20	1	24	5	25	-2	36	0	18	-1	5	0	2	1	16	-4
IE		55	-3	16	-8	9	-2	25	-4	28	-8	18	-9	6	-4	4	-3	19	-8
EL		58	10	26	9	11	2	22	1	49	23	19	6	2	0	1	1	30	8
ES		59	0	25	-6	7	-3	24	-1	31	-3	14	-1	3	-2	1	-1	26	-11
FR		47	-3	15	-2	12	0	18	-3	50	-4	18	-1	6	0	4	0	14	-1
HR		47	7	25	8	16	1	13	-4	33	-3	15	0	7	1	2	1	29	5
IT		48	5	31	-2	19	4	17	-2	39	3	21	2	6	0	4	3	21	2
CY		66	-4	23	2	16	8	12	1	67	15	12	0	5	1	2	0	27	8
LV		64	0	24	-3	16	1	16	-5	31	-9	11	-9	5	-4	2	-2	17	-8
LT		43	-3	20	1	8	-4	46	4	30	4	10	0	2	-1	0	-2	22	-8
LU		53	-12	20	-7	12	-3	23	-6	43	-4	18	-6	6	-2	5	1	24	-8
HU		40	-2	25	1	16	1	10	-1	34	6	12	-1	3	0	1	0	34	2
MT		47	-10	25	6	18	11	24	-8	39	-3	17	-2	8	1	7	3	23	3
NL		64	1	17	4	20	-3	52	-13	56	-7	20	-2	6	-3	1	0	27	-1
AT		56	0	21	-5	28	4	39	-5	40	4	34	4	11	0	5	1	32	-3
PL		48	-3	20	-1	7	1	23	-2	22	1	12	2	3	1	2	1	47	3
PT		49	-2	26	4	15	4	22	-2	46	8	27	3	6	1	3	1	27	-4
RO		31	-4	20	4	13	-2	15	-2	26	-9	12	-1	10	3	7	5	20	8
SI		69	-1	19	0	13	3	20	-4	58	-6	29	-4	5	-3	2	-2	43	4
SK		50	0	24	-1	14	3	15	-1	20	2	24	-2	7	-1	2	1	32	4
FI		67	3	24	5	39	4	20	-6	41	-9	19	-7	5	-2	0	-1	34	-7
SE		71	-12	17	-6	29	-7	31	-15	28	-20	18	-3	4	-5	1	-1	40	-13

Special Eurobarometer 525 Sport and Physical Activity


























QB11 Why do you engage in sport or physical activity?
(MULTIPLE ANSWERS POSSIBLE)
(%)

		To improve fitness		To control your weight		To improve your self-esteem		To develop new skills		For the spirit of competition		To better integrate into society		Other		Don't know
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	
EU27		43	-4	25	2	13	1	6	-1	6	1	3	-1	1	-7	2
BE		44	-2	33	5	14	4	7	1	6	1	3	0	1	-5	1
BG		19	-3	26	4	20	5	8	1	7	1	5	2	6	-14	3
CZ		43	2	23	5	8	1	5	0	5	0	3	-1	1	-8	1
DK		49	-9	34	-2	27	-1	10	-1	6	-2	1	-1	2	-9	3
DE		40	-7	28	10	19	5	9	2	4	0	4	0	1	-6	2
EE		48	-3	29	-1	15	-5	10	0	7	1	3	1	4	-10	3
IE		55	-6	28	-7	15	-7	7	-6	7	-5	5	-3	1	-2	1
EL		67	10	34	6	11	-2	6	1	1	-2	2	-1	5	-7	0
ES		32	-6	18	-4	13	3	5	0	5	0	1	-1	2	-5	3
FR		54	-3	20	-3	11	0	6	1	5	-1	2	-1	1	-8	4
HR		42	8	28	9	8	3	9	4	5	0	3	1	3	-10	2
IT		42	0	26	3	8	2	4	0	8	5	5	2	1	-5	1
CY		51	2	36	-3	13	-2	5	-5	5	1	2	0	3	-8	2
LV		38	-10	17	-2	11	-7	8	-4	4	-5	3	-3	2	-12	1
LT		38	-4	16	-1	6	0	4	1	2	1	1	-1	9	-4	5
LU		56	-1	23	-6	12	-3	9	1	10	2	6	3	2	-8	3
HU		38	1	15	-1	9	1	6	0	4	0	7	4	3	-9	2
MT		37	-3	37	3	14	-4	9	-1	10	1	9	5	1	-6	3
NL		60	-4	41	-1	12	2	7	-3	8	-2	2	0	1	-6	0
AT		38	-7	27	-5	17	-1	10	-1	7	0	5	-2	3	-4	2
PL		37	-5	14	1	11	-2	4	-2	6	0	3	0	0	-5	0
PT		34	-2	27	6	20	5	5	-1	8	3	3	-1	1	-8	2
RO		25	5	22	1	11	4	8	3	8	4	9	1	2	-18	2
SI		40	4	25	4	15	0	8	-3	6	-1	3	0	1	-6	0
SK		37	-3	21	-4	15	1	5	0	5	1	4	-1	2	-11	3
FI		64	-3	39	5	15	-1	8	-4	7	-3	1	-2	1	-4	2
SE		52	-20	31	-8	17	-4	6	-8	5	-5	1	-1	1	-3	1

Special Eurobarometer 525 Sport and Physical Activity

QB12 The COVID-19 pandemic has had an impact on individuals and organisations involved in physical activity. Based on your personal experience, which of the following statements best correspond to your personal situation? By "physically active" we mean doing any form of physical activity which you do in a sport context or sport-related setting; as well as doing any other physical activity for recreational or non-sport-related reasons such as cycling, dancing, gardening, etc. (MAX. 2 ANSWERS)





























(%)

		During COVID-19, you stopped being physically active (including sport)	During COVID-19, you continued to be physically active but you did it less frequently (including sport)	During COVID-19, you were physically active at the same level as you did before (including sport)	During COVID-19, you were physically active more frequently (including sport)	After COVID-19, you plan to be more physically active (including sport)	Don't know
EU27		18	34	34	9	7	2
BE		16	37	26	16	9	1
BG		25	36	29	4	6	3
CZ		19	35	36	7	9	1
DK		17	32	35	12	13	2
DE		7	35	43	8	6	4
EE		13	28	44	10	5	2
IE		15	38	32	13	4	1
EL		14	35	35	13	8	0
ES		33	40	18	6	7	0
FR		23	32	32	10	5	1
HR		15	28	41	8	9	2
IT		33	37	18	7	10	0
CY		18	35	32	7	5	4
LV		17	31	43	5	4	2
LT		9	22	58	5	5	4
LU		13	42	29	14	6	2
HU		11	30	51	3	5	1
MT		19	38	15	4	27	0
NL		11	37	35	16	9	1
AT		11	35	35	12	9	2
PL		9	29	47	7	7	3
PT		19	41	22	7	14	2
RO		25	23	34	10	10	3
SI		9	29	47	13	10	0
SK		25	32	31	7	6	2
FI		7	29	52	8	8	1
SE		14	33	44	8	9	0

Special Eurobarometer 525
Sport and Physical Activity

QB13.1 To what extent do you agree or disagree with the following statements about sport and physical activity?





























The area where you live offers you many opportunities to be physically active (%)

		Totally agree		Tend to agree		Tend to disagree		Totally disagree		Don't know	Total 'Agree'		Total 'Disagree'			
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017
EU27		36	5	40	-3	13	0	6	0	5	76	2	19	0		
BE		32	6	51	-4	12	-1	3	0	2	83	2	15	-1		
BG		13	4	28	7	22	1	25	-5	12	41	11	47	-4		
CZ		29	9	48	-4	14	-3	4	-1	5	77	5	18	-4		
DK		53	-11	36	9	6	2	2	0	3	89	-2	8	2		
DE		48	-1	37	-1	9	1	2	0	4	85	-2	11	1		
EE		38	0	40	-3	9	0	4	0	9	78	-3	13	0		
IE		31	-2	51	1	10	2	2	-2	6	82	-1	12	0		
EL		22	7	39	-10	22	-2	14	5	3	61	-3	36	3		
ES		42	12	37	-7	12	-3	6	-1	3	79	5	18	-4		
FR		42	-1	39	-5	6	0	4	2	9	81	-6	10	2		
HR		21	9	41	-3	22	-2	11	0	5	62	6	33	-2		
IT		21	9	44	-2	20	0	12	1	3	65	7	32	1		
CY		28	5	36	-3	19	-1	13	0	4	64	2	32	-1		
LV		25	-4	41	5	18	3	7	-4	9	66	1	25	-1		
LT		35	10	38	-7	11	-4	7	0	9	73	3	18	-4		
LU		39	-7	48	11	6	-2	2	0	5	87	4	8	-2		
HU		28	3	46	6	13	-6	6	-2	7	74	9	19	-8		
MT		34	28	33	-8	16	-6	13	-1	4	67	20	29	-7		
NL		59	-7	32	4	7	3	1	0	1	91	-3	8	3		
AT		40	-1	38	-3	14	4	5	1	3	78	-4	19	5		
PL		30	11	43	-6	16	1	6	-1	5	73	5	22	0		
PT		23	7	44	-7	19	-2	6	2	8	67	0	25	0		
RO		18	6	35	1	24	3	15	-7	8	53	7	39	-4		
SI		45	7	35	-10	13	0	5	2	2	80	-3	18	2		
SK		20	0	39	-5	21	4	8	2	12	59	-5	29	6		
FI		40	-1	44	4	12	1	2	-2	2	84	3	14	-1		
SE		51	-10	38	11	8	1	2	-2	1	89	1	10	-1		

Special Eurobarometer 525
Sport and Physical Activity

QB13.2 To what extent do you agree or disagree with the following statements about sport and physical activity?





























Local sport clubs and other local providers offer many opportunities to be physically active (%)

		Totally agree		Tend to agree		Tend to disagree		Totally disagree		Don't know	Total 'Agree'		Total 'Disagree'		
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017		Apr/May 2022	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017
EU27		32	3	40	-4	12	-1	7	2	9	72	-1	19	1	
BE		32	7	52	-8	10	-1	3	2	3	84	-1	13	1	
BG		13	3	28	5	18	-1	20	-2	21	41	8	38	-3	
CZ		24	6	48	-3	15	-2	5	0	8	72	3	20	-2	
DK		51	-10	36	7	6	2	1	0	6	87	-3	7	2	
DE		43	-4	38	0	9	1	3	1	7	81	-4	12	2	
EE		33	-2	41	-3	8	0	5	2	13	74	-5	13	2	
IE		33	1	50	-2	7	0	2	0	8	83	-1	9	0	
EL		16	4	38	-8	23	-1	15	5	8	54	-4	38	4	
ES		40	8	40	-6	8	-2	4	0	8	80	2	12	-2	
FR		36	-2	39	-8	6	0	4	3	15	75	-10	10	3	
HR		18	9	40	-3	21	-4	13	1	8	58	6	34	-3	
IT		20	9	42	-3	21	1	12	2	5	62	6	33	3	
CY		26	8	31	-9	24	5	12	-2	7	57	-1	36	3	
LV		22	-7	45	4	15	5	6	-1	12	67	-3	21	4	
LT		25	4	31	-10	14	0	12	1	18	56	-6	26	1	
LU		36	-10	47	10	5	-2	3	2	9	83	0	8	0	
HU		26	1	43	5	13	-5	9	-1	9	69	6	22	-6	
MT		41	29	44	-9	5	-8	2	-1	8	85	20	7	-9	
NL		54	-6	37	3	5	2	1	0	3	91	-3	6	2	
AT		30	-5	37	-6	15	3	9	5	9	67	-11	24	8	
PL		24	8	38	-9	17	1	10	2	11	62	-1	27	3	
PT		22	9	45	-5	14	-10	7	4	12	67	4	21	-6	
RO		19	7	32	1	19	-5	16	-5	14	51	8	35	-10	
SI		35	4	39	-9	18	4	5	1	3	74	-5	23	5	
SK		12	-4	38	-8	23	8	10	4	17	50	-12	33	12	
FI		38	-1	46	2	8	1	2	0	6	84	1	10	1	
SE		48	-15	38	10	9	6	2	0	3	86	-5	11	6	

Special Eurobarometer 525
Sport and Physical Activity





























QB13.3 To what extent do you agree or disagree with the following statements about sport and physical activity?

Your local authority does not do enough for its citizens in relation to physical activities (%)

		Totally agree		Tend to agree		Tend to disagree		Totally disagree		Don't know	Total 'Agree'		Total 'Disagree'		
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017		Apr/May 2022	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017
EU27		14	4	28	-1	29	0	19	-1	10	42	3	48	-1	
BE		10	3	37	2	36	3	13	-7	4	47	5	49	-4	
BG		19	2	27	0	21	4	13	0	20	46	2	34	4	
CZ		10	3	30	-3	38	2	11	0	11	40	0	49	2	
DK		13	3	24	7	32	5	23	-14	8	37	10	55	-9	
DE		8	2	19	4	31	-1	33	-6	9	27	6	64	-7	
EE		8	-1	19	-3	35	1	22	1	16	27	-4	57	2	
IE		14	-2	31	-3	29	3	12	-3	14	45	-5	41	0	
EL		17	5	28	-8	34	1	14	3	7	45	-3	48	4	
ES		18	1	32	-2	24	0	15	1	11	50	-1	39	1	
FR		10	1	21	0	32	-2	22	-4	15	31	1	54	-6	
HR		19	7	38	0	25	-3	11	0	7	57	7	36	-3	
IT		17	5	40	-3	25	4	13	5	5	57	2	38	9	
CY		20	3	33	2	24	-2	15	1	8	53	5	39	-1	
LV		10	-2	26	7	36	2	17	-5	11	36	5	53	-3	
LT		12	-1	25	-2	31	-1	16	3	16	37	-3	47	2	
LU		17	5	30	12	25	-6	17	-12	11	47	17	42	-18	
HU		17	3	31	1	24	0	18	-3	10	48	4	42	-3	
MT		41	30	25	-14	17	-3	7	-1	10	66	16	24	-4	
NL		9	5	21	6	35	-2	25	-7	10	30	11	60	-9	
AT		11	-3	19	0	36	8	26	-6	8	30	-3	62	2	
PL		19	9	33	-10	26	4	12	1	10	52	-1	38	5	
PT		18	10	36	0	28	-10	5	-1	13	54	10	33	-11	
RO		21	3	33	-1	25	2	10	-2	11	54	2	35	0	
SI		20	11	29	3	30	-9	17	-5	4	49	14	47	-14	
SK		14	5	37	1	24	-1	9	-2	16	51	6	33	-3	
FI		5	-1	15	-2	48	13	27	-6	5	20	-3	75	7	
SE		11	2	31	9	32	9	20	-15	6	42	11	52	-6	



























Special Eurobarometer 525 Sport and Physical Activity

QB14 What are the main reasons currently preventing you from practising sport more regularly? (MULTIPLE ANSWERS POSSIBLE)
(%)

		You do not have the time		It is too expensive		You do not like competitive activities		There is no suitable or accessible sport infrastructure close to where you live		You have a disability or illness		You do not have friends to do sports with		You feel discriminated against by other participants	
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017
EU27		41	1	10	3	9	3	5	2	14	0	5	2	1	0
BE		40	-1	14	2	13	3	5	2	15	-1	8	2	2	0
BG		44	3	8	2	9	1	7	2	20	1	5	1	1	0
CZ		46	-4	9	0	6	0	6	2	22	4	10	4	0	-1
DK		45	3	11	7	10	7	3	2	20	1	5	2	1	1
DE		37	7	8	3	6	2	3	1	16	3	5	2	1	1
EE		40	7	12	2	11	6	5	0	19	-5	5	1	1	1
IE		45	0	7	1	9	5	4	1	10	-1	3	0	1	0
EL		46	6	11	2	6	1	8	3	12	-1	8	0	1	0
ES		46	-1	6	2	7	2	3	1	11	-2	1	0	0	0
FR		37	-3	11	0	9	1	3	1	17	1	4	-1	1	1
HR		42	-2	9	-4	9	1	10	5	13	1	6	1	2	2
IT		40	0	10	1	16	5	7	3	7	0	7	4	3	3
CY		53	-4	16	3	2	0	7	2	10	-2	6	3	1	1
LV		42	1	11	4	11	6	8	3	19	-2	7	3	1	1
LT		44	4	13	1	7	4	10	3	15	-3	6	3	0	0
LU		39	-7	5	1	9	5	2	1	12	4	3	0	2	2
HU		44	-1	11	0	13	2	6	1	19	1	4	0	3	2
MT		49	-2	2	0	10	6	4	3	12	0	4	1	1	1
NL		42	4	12	5	11	5	2	1	16	2	4	3	0	0
AT		32	-6	12	4	9	5	5	2	16	1	8	2	3	1
PL		46	0	11	6	7	4	7	4	17	3	7	4	1	0
PT		44	1	8	-5	12	4	4	2	11	1	6	5	1	1
RO		38	-12	8	0	10	3	11	-2	17	5	9	4	5	3
SI		41	-7	9	-2	10	3	8	6	13	0	5	3	1	1
SK		47	9	9	-1	4	-1	7	2	14	2	8	3	1	1
FI		35	6	7	0	12	7	7	4	22	1	6	2	1	0
SE		41	-2	11	5	12	6	6	3	16	-4	8	4	1	1

Special Eurobarometer 525 Sport and Physical Activity

QB14 What are the main reasons currently preventing you from practising sport more regularly? (MULTIPLE ANSWERS POSSIBLE)

	You feel there is a lack of opportunities to practice sport with people of your		You lack motivation or are not interested		You are afraid of the risk of injuries		You are already doing sports regularly		Other		Don't know
	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022
EU27 	2	2	25	5	8	3	10	-7	3	-4	2
BE 	3	3	26	5	13	2	7	-3	2	-5	1
BG 	1	1	28	0	7	2	5	1	4	-3	2
CZ 	2	2	25	3	10	1	4	-2	1	-4	1
DK 	1	1	33	10	8	2	4	-11	2	-9	4
DE 	2	2	24	3	5	1	20	-13	4	-1	2
EE 	1	1	16	3	8	4	12	-4	5	-5	2
IE 	3	3	16	1	10	1	11	-8	3	-1	4
EL 	4	4	29	-1	11	4	9	-3	4	-4	0
ES 	1	1	25	4	9	4	14	-2	3	-2	1
FR 	2	2	24	4	6	1	8	-5	5	-2	4
HR 	5	5	28	0	10	-1	4	-4	2	-4	3
IT 	4	4	27	4	13	7	9	-7	3	-4	1
CY 	4	4	16	1	8	3	13	1	2	-4	0
LV 	2	2	24	5	4	1	6	-3	3	-7	1
LT 	1	1	24	2	4	0	7	-2	5	-4	1
LU 	2	2	10	-7	9	5	18	-1	8	-2	1
HU 	3	3	21	1	11	6	4	-5	1	-2	1
MT 	4	4	21	0	15	6	13	3	2	-6	2
NL 	1	1	24	1	6	1	12	-9	4	-4	2
AT 	6	6	25	-2	11	4	22	-1	3	-5	2
PL 	3	3	23	4	11	3	1	-7	1	-5	3
PT 	2	2	29	-4	10	7	11	-5	2	-3	1
RO 	7	7	22	4	7	4	3	-6	6	-3	1
SI 	1	1	22	3	11	4	9	-7	4	-1	2
SK 	3	3	20	5	15	7	10	-11	2	-5	2
FI	0	0	25	9	3	-1	11	-18	1	-5	6
SE	1	1	38	9	6	2	6	-8	2	-3	2





























Special Eurobarometer 525 Sport and Physical Activity

QB15 Are you a member of any of the following clubs where you participate in sport or recreational physical activity?
(MULTIPLE ANSWERS POSSIBLE)
(%)

	Health or fitness centre		Sport club		Socio-cultural club that includes sport in its activities (e.g. employees club, y		Other		No, not a member of any club		Don't know		Total 'Yes'	
	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017
EU27	12	1	12	0	6	3	1	-6	69	0	2	28	5	
BE	14	4	19	3	11	6	3	0	57	-10	1	40	10	
BG	9	4	2	0	5	3	0	-6	84	0	1	15	6	
CZ	11	1	9	1	6	2	0	-18	74	13	1	24	4	
DK	26	2	21	-2	8	0	2	-4	49	3	1	49	1	
DE	13	2	18	-5	5	1	1	0	66	3	1	32	-3	
EE	16	12	13	0	6	4	1	-4	66	-11	1	32	15	
IE	20	2	20	4	9	2	1	-11	53	1	2	44	10	
EL	13	2	2	-3	2	0	0	-3	83	2	0	16	0	
ES	13	3	7	0	3	1	0	-5	75	-2	2	23	6	
FR	6	1	15	2	4	-1	1	-8	71	4	4	25	3	
HR	14	8	10	5	11	9	1	-7	60	-19	5	34	21	
IT	11	4	13	8	8	6	0	-13	68	-4	1	31	17	
CY	16	3	5	1	1	-1	1	-5	77	2	1	21	3	
LV	7	3	7	2	6	4	0	-4	80	-5	1	19	9	
LT	2	0	9	2	8	6	1	-17	80	12	1	18	8	
LU	16	4	19	1	4	-2	3	-13	59	7	2	36	5	
HU	9	1	5	1	4	1	0	-7	82	4	1	17	3	
MT	9	2	10	1	4	3	1	-12	78	7	1	21	6	
NL	29	7	22	-5	6	3	2	-5	47	0	0	50	4	
AT	19	3	13	0	9	4	1	-3	65	-2	1	34	5	
PL	9	2	9	3	11	9	0	-10	71	-3	2	28	14	
PT	10	0	2	-2	4	3	0	-2	82	-1	2	15	1	
RO	6	1	5	3	4	3	1	-18	81	10	3	15	7	
SI	7	1	12	0	10	4	1	-12	71	6	0	27	5	
SK	10	1	8	4	7	5	1	-10	76	3	1	22	8	
FI	15	1	16	3	7	1	1	-4	64	1	1	34	4	
SE	35	-6	14	-2	8	0	1	-3	48	8	0	51	-4	

























Special Eurobarometer 525 Sport and Physical Activity

QB16 In a scale of 1 to 6, where 1 means "not paying attention at all", and 6 means "paying a lot of attention", how much attention do you pay to the impact that the practice of sport or physical activity can have on the environment?
(%)

		1 Not paying attention at all	2	3	4	5	6 Paying a lot of attention	Don't know	Total 'Not paying a lot of attention'	Total 'Neutral'	Total 'Paying a lot of attention'	Total 'Not paying attention'	Total 'Paying attention'
EU27		20	11	20	22	12	12	3	31	42	24	51	46
BE		23	11	23	21	10	12	0	34	44	22	57	43
BG		20	14	20	27	10	6	3	34	47	16	54	43
CZ		40	16	18	14	5	6	1	56	32	11	74	25
DK		39	11	16	13	7	9	5	50	29	16	66	29
DE		12	9	28	20	11	17	3	21	48	28	49	48
EE		34	11	13	16	7	10	9	45	29	17	58	33
IE		21	10	20	25	12	9	3	31	45	21	51	46
EL		12	11	21	22	18	12	4	23	43	30	44	52
ES		27	11	18	21	11	10	2	38	39	21	56	42
FR		18	9	13	21	13	18	8	27	34	31	40	52
HR		22	8	23	25	12	9	1	30	48	21	53	46
IT		12	9	20	33	16	8	2	21	53	24	41	57
CY		7	3	14	28	20	27	1	10	42	47	24	75
LV		28	13	17	17	8	11	6	41	34	19	58	36
LT		32	9	17	18	11	9	4	41	35	20	58	38
LU		15	10	16	22	15	18	4	25	38	33	41	55
HU		11	8	26	25	18	11	1	19	51	29	45	54
MT		11	8	26	15	5	31	4	19	41	36	45	51
NL		47	15	12	11	8	5	2	62	23	13	74	24
AT		24	12	17	22	13	11	1	36	39	24	53	46
PL		13	10	18	30	18	9	2	23	48	27	41	57
PT		18	8	18	26	18	10	2	26	44	28	44	54
RO		10	9	22	34	14	9	2	19	56	23	41	57
SI		16	10	21	21	13	17	2	26	42	30	47	51
SK		30	8	26	25	6	4	1	38	51	10	64	35
FI		31	19	16	17	9	5	3	50	33	14	66	31
SE		44	22	17	9	3	4	1	66	26	7	83	16

Special Eurobarometer 525
Sport and Physical Activity

QB17 According to what you know, which of the following actions about sustainability are currently done by your sport organisation(s), sport club, health or fitness centre? Please tell all that apply. (MULTIPLE ANSWERS POSSIBLE)
(%)

		Promoting the use of green energy	Promoting measures to increase energy efficiency	Promoting sustainable transportation	Serving food and catering taking into account sustainability criteria	Working in reducing waste or improving waste management	None, as far as you know	Don't know
EU27		16	14	12	9	24	48	3
BE		20	18	18	13	31	43	1
BG		17	19	17	8	29	42	3
CZ		15	8	7	4	19	57	5
DK		13	10	5	4	14	64	6
DE		14	17	12	10	26	48	5
EE		11	11	12	13	18	48	10
IE		17	15	12	12	22	51	2
EL		14	6	4	4	10	65	9
ES		10	7	6	4	11	71	1
FR		12	5	9	3	21	61	5
HR		21	18	14	17	20	39	0
IT		25	19	19	15	31	33	1
CY		24	14	5	8	30	42	9
LV		13	13	9	6	13	57	6
LT		16	12	24	11	15	45	11
LU		8	12	17	14	31	38	7
HU		26	19	24	18	32	20	4
MT		25	25	22	31	37	27	2
NL		18	24	5	7	19	53	4
AT		21	24	20	21	38	30	6
PL		18	12	11	11	26	33	0
PT		18	19	20	6	20	51	7
RO		21	14	21	15	23	29	1
SI		25	18	11	8	32	41	2
SK		21	10	12	18	35	30	1
FI		11	15	9	3	24	53	4
SE		9	8	5	6	21	64	4




























Special Eurobarometer 525
Sport and Physical Activity

QB18 According to what you know, would you say that the organisation where you do sport or physical activity is actively putting in place measures to support gender equality?
 (%)

		Yes	No	Don't know
EU27		54	39	7
BE		61	36	3
BG		53	37	10
CZ		60	33	7
DK		43	50	7
DE		66	25	9
EE		45	34	21
IE		67	25	8
EL		38	44	18
ES		60	32	8
FR		66	28	6
HR		48	49	3
IT		41	54	5
CY		61	18	21
LV		47	49	4
LT		56	31	13
LU		77	15	8
HU		43	52	5
MT		71	20	9
NL		40	50	10
AT		49	41	10
PL		34	63	3
PT		42	33	25
RO		42	54	4
SI		73	22	5
SK		43	44	13
FI		78	18	4
SE		65	27	8

Special Eurobarometer 525 Sport and Physical Activity





























QB19 In the event you encountered a situation of gender discrimination in the club where you practice sport or physical activity, would you know to whom you could speak internally? (%)

		Yes, someone in management or someone you trust within the club	Yes, the club has a single contact point for gender-related concerns	No, you would not know who you could contact internally	Don't know	Total 'Yes'
EU27		47	14	37	2	61
BE		39	19	41	1	58
BG		33	24	40	3	57
CZ		57	5	34	4	62
DK		46	10	42	2	56
DE		56	12	31	1	68
EE		31	12	48	9	43
IE		48	20	28	4	68
EL		63	9	26	2	72
ES		58	9	32	1	67
FR		47	7	44	2	54
HR		34	24	41	1	58
IT		42	24	33	1	66
CY		39	16	37	8	55
LV		37	9	51	3	46
LT		48	14	33	5	62
LU		55	14	27	4	69
HU		30	18	50	2	48
MT		73	2	17	8	75
NL		45	10	42	3	55
AT		48	17	32	3	65
PL		27	20	53	0	47
PT		53	17	26	4	70
RO		30	32	34	4	62
SI		57	9	33	1	66
SK		53	16	28	3	69
FI		55	6	36	3	61
SE		54	5	39	2	59

Special Eurobarometer 525
Sport and Physical Activity

QB20.1 To what extent do you agree or disagree with the following statements about gender equality in sport and physical activity?





























Female role models among managers, athletes, officials & coaches are inspiring more women and girls to follow their example (%)

		Totally agree	Tend to agree	Tend to disagree	Totally disagree	Don't know	Total 'Agree'	Total 'Disagree'
EU27		35	43	8	4	10	78	12
BE		28	58	9	2	3	86	11
BG		26	41	8	7	18	67	15
CZ		26	46	11	6	11	72	17
DK		45	40	6	4	5	85	10
DE		35	39	11	5	10	74	16
EE		19	39	10	7	25	58	17
IE		50	41	3	1	5	91	4
EL		48	42	6	1	3	90	7
ES		43	37	8	3	9	80	11
FR		34	44	5	3	14	78	8
HR		34	52	7	2	5	86	9
IT		29	50	9	4	8	79	13
CY		57	35	4	2	2	92	6
LV		18	42	15	5	20	60	20
LT		30	43	5	3	19	73	8
LU		31	51	5	1	12	82	6
HU		37	43	10	2	8	80	12
MT		43	38	4	5	10	81	9
NL		33	47	8	5	7	80	13
AT		32	36	12	11	9	68	23
PL		35	44	9	3	9	79	12
PT		28	53	3	1	15	81	4
RO		23	42	17	8	10	65	25
SI		39	41	11	3	6	80	14
SK		25	45	10	4	16	70	14
FI		52	40	4	1	3	92	5
SE		67	29	2	1	1	96	3

Special Eurobarometer 525
Sport and Physical Activity

QB20.2 To what extent do you agree or disagree with the following statements about gender equality in sport and physical activity?





























You evenly like to follow female sport in the media (online, written, tv) as you do for male sport (%)

		Totally agree	Tend to agree	Tend to disagree	Totally disagree	Don't know	Total 'Agree'	Total 'Disagree'
EU27		24	33	20	16	7	57	36
BE		21	46	20	10	3	67	30
BG		24	35	15	14	12	59	29
CZ		21	34	20	18	7	55	38
DK		23	26	24	22	5	49	46
DE		15	25	26	26	8	40	52
EE		26	31	14	11	18	57	25
IE		28	34	23	8	7	62	31
EL		33	35	19	11	2	68	30
ES		25	32	20	16	7	57	36
FR		30	32	14	12	12	62	26
HR		28	47	14	7	4	75	21
IT		19	38	22	17	4	57	39
CY		31	34	17	16	2	65	33
LV		34	32	11	9	14	66	20
LT		26	37	17	9	11	63	26
LU		30	43	11	6	10	73	17
HU		34	40	14	7	5	74	21
MT		37	22	14	21	6	59	35
NL		25	29	21	18	7	54	39
AT		18	25	22	32	3	43	54
PL		33	43	13	4	7	76	17
PT		27	34	26	7	6	61	33
RO		24	41	20	10	5	65	30
SI		44	30	15	8	3	74	23
SK		26	34	19	11	10	60	30
FI		35	32	19	10	4	67	29
SE		37	33	15	12	3	70	27

Special Eurobarometer 525
Sport and Physical Activity





























QB20.3 To what extent do you agree or disagree with the following statements about gender equality in sport and physical activity?

Gender based violence in sport deserves more attention (%)

		Totally agree	Tend to agree	Tend to disagree	Totally disagree	Don't know	Total 'Agree'	Total 'Disagree'
EU27		39	36	9	5	11	75	14
BE		30	51	12	4	3	81	16
BG		25	36	8	9	22	61	17
CZ		24	31	18	14	13	55	32
DK		21	37	17	9	16	58	26
DE		37	35	9	6	13	72	15
EE		18	25	15	12	30	43	27
IE		49	37	4	1	9	86	5
EL		45	39	9	4	3	84	13
ES		50	31	7	5	7	81	12
FR		42	31	6	4	17	73	10
HR		34	48	7	5	6	82	12
IT		46	39	7	3	5	85	10
CY		57	34	5	1	3	91	6
LV		17	28	17	10	28	45	27
LT		22	33	12	7	26	55	19
LU		40	43	4	2	11	83	6
HU		46	35	8	4	7	81	12
MT		55	23	7	2	13	78	9
NL		31	35	15	11	8	66	26
AT		38	29	10	13	10	67	23
PL		31	39	12	5	13	70	17
PT		35	53	3	0	9	88	3
RO		24	34	21	10	11	58	31
SI		28	35	16	12	9	63	28
SK		21	31	14	9	25	52	23
FI		54	31	8	2	5	85	10
SE		55	30	6	5	4	85	11

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QB21 The next question is about volunteering in sport. By volunteering we mean doing any voluntary work or activity for which you do not receive any payment except to cover expenses. This includes organising or helping to run events, campaigning or raising money, providing transport or driving, coaching, tuition, mentoring, etc. Do you currently engage, or plan to engage in the next 2 months, in voluntary work that supports sporting activities? (%)

		Yes, you are already currently engaged in voluntary work supporting sportin		Yes, you plan to engage in the next two months in voluntary work supportir		No, but you have engaged in the past in voluntary work supporting sportinc		No, you have never engaged in voluntary work supporting activities:		Don't know			Total 'Yes'		Total 'No'	
		Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017	Apr/May 2022	Diff. Apr/May 2022 - Dec 2017		
		EU27		6	6	4	4	15	15	74	74	1	10	4	89	-5
BE		9	9	6	6	24	24	59	59	2	15	6	83	-8		
BG		2	2	4	4	6	6	86	86	2	6	3	92	-3		
CZ		6	6	3	3	24	24	65	65	2	9	1	89	-3		
DK		10	10	4	4	29	29	56	56	1	14	-4	85	3		
DE		7	7	2	2	18	18	71	71	2	9	2	89	-4		
EE		6	6	3	3	19	19	65	65	7	9	1	84	-8		
IE		12	12	7	7	24	24	55	55	2	19	9	79	-11		
EL		1	1	3	3	10	10	86	86	0	4	1	96	-1		
ES		3	3	3	3	9	9	83	83	2	6	2	92	-4		
FR		6	6	2	2	15	15	77	77	0	8	3	92	-3		
HR		4	4	8	8	11	11	75	75	2	12	9	86	-11		
IT		3	3	10	10	13	13	73	73	1	13	11	86	-12		
CY		5	5	2	2	14	14	77	77	2	7	2	91	-4		
LV		3	3	3	3	13	13	80	80	1	6	-3	93	2		
LT		2	2	2	2	7	7	86	86	3	4	1	93	-4		
LU		13	13	6	6	18	18	62	62	1	19	7	80	-7		
HU		2	2	9	9	9	9	79	79	1	11	7	88	-8		
MT		9	9	4	4	13	13	73	73	1	13	7	86	-8		
NL		15	15	3	3	26	26	55	55	1	18	-1	81	0		
AT		6	6	9	9	15	15	69	69	1	15	9	84	-10		
PL		2	2	5	5	7	7	85	85	1	7	4	92	-5		
PT		1	1	3	3	6	6	88	88	2	4	3	94	-5		
RO		4	4	8	8	13	13	73	73	2	12	10	86	-12		
SI		11	11	4	4	24	24	61	61	0	15	5	85	-5		
SK		4	4	6	6	13	13	75	75	2	10	7	88	-9		
FI		9	9	2	2	32	32	56	56	1	11	0	88	-1		
SE		11	11	3	3	35	35	51	51	0	14	-5	86	5		

