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# Schools for Health in Europe network

JA2015 - GPSD [705038]

START DATE: 01/01/2015

END DATE: 31/12/2015

DURATION: 12 month(s)

CURRENT STATUS: Finalised

PROGRAMME TITLE: 3rd Health Programme (2014-2020)

PROGRAMME PRIORITY: -

CALL: Specific Grant Agreements for 2015 under the Framework Partnership Agreement for Operating Grants 2015-2017

TOPIC: Financial contribution to the functioning of non-governmental body (Specific Grant Agreement 2015)

EC CONTRIBUTION: 170290 EUR

KEYWORDS: Capacity Building, Child, Health Promotion, Health Promotion, Network, Prevention, Prevention, Research, Research, School Health

PORTFOLIO: Nutrition, Nutrition and physical activity, Physical Activity

## Project abstract

The aim of the Schools for Health in Europe (SHE) network is to improve the health of children and young people in Europe, including reducing health inequalities, through a specific setting focus on schools. The network supports its members to further develop and sustain school health promotion by providing a European platform for school health promotion.

For 2015-2017 4 specific objectives are formulated. By the end of 2017:

- the functioning of national and regional health promoting school networks and the implementation of health promoting schools has been supported by sharing good practices, expertise and skills;
- the professional development of SHE network members and other stakeholders has been supported by the delivery of the SHE support programme;
- the visibility and access to evidence based information on school health promotion has increased by the delivery of publications and presentations;
- the dissemination of school health promotion research findings and innovative research consortia has been promoted.

Methods to achieve these objectives are: organising annual meetings and capacity building workshops. Maintaining SHE website, helpdesk, share information through newsletters and social media and by encouraging regional and cross-border cooperation. Developing online school twinning tool and the SHE online school manual. Developing an e-learning tool, organising a summer school, support publications and consultancy visits. Making SHE leaflets, factsheets, an online glossary and by representing the network at international conferences.

The health of children and young people are and will be a key priority for the European Commission. The activities in the network relate directly to the first overall objective of the third programme of community action in the field of health (2014-2020) and thematic priorities 1.1 till 1.4 are high priority issues in school programmes and settings. The SHE network encourages a whole school approach to these priorities.

## Summary of context, overall objectives, strategic, relevance and contribution of the action

The aim of the Schools for Health in Europe (SHE) network is to improve the health of children and young people in Europe, including reducing health inequalities, through a specific setting focus on schools. The network supports its members to further develop and sustain school health promotion by providing a European platform for school health promotion.

For 2015-2017 4 specific objectives are formulated. By the end of 2017:

- the functioning of national and regional health promoting school networks and the implementation of health promoting

schools has been supported by sharing good practices, expertise and skills;

- the professional development of SHE network members and other stakeholders has been supported by the delivery of the SHE support programme;
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# Work package

## Work Package 1: Sharing good practices, expertise and skills

Start month: 1

End month: 12

Work Package Leader: CBO

Organisation of the two-day SHE assembly meeting for the SHE network members in the Autumn of 2015, where members can meet and share good practices, expertise and skills.

Maintaining and updating the SHE website and improvement of the SHE website visibility during 2015 by posting news and agenda items, upload relevant SHE documents and update existing texts.

Maintaining the SHE helpdesk during 2015 by answering questions from professionals working in the area of school health promotion and others by email and phone.

Sharing relevant news about school health promotion and the SHE network through six electronic newsletters in 2015 and increasing the number of subscriptions to 700.

Sharing relevant information about school health promotion and the SHE network through social media (Twitter, Facebook and LinkedIn) by posting regular updates and increasing the number of followers, likes and members.

Extending the network with another five regional health promoting school networks in 2015, which will further strengthen national school health promotion programmes and support national capacity building.

Developing an online school twinning tool which facilitates at least 25 health promoting schools in 2015 to connect and exchange experiences with other health promoting schools in other EU Member States.

## Work Package 2: Delivery of the SHE support programme

Start month: 1

End month: 12

Work Package Leader: CBO

Organising a one-day capacity building workshop for SHE network members in the Autumn of 2015 in order to support the professional development of the participants. The topic of the workshop will be tailored to the needs of the SHE network members.

Further developing and implementing the SHE online school manual – 5 steps to a

health promoting school – via regular monitoring among users and translation in three EU languages in 2015.

Developing an online user guide for school supporting organisations in 2015, which will facilitate implementation of the SHE online school manual on a national level.

Developing an e-learning tool including three e-learning modules on school health promotion in 2015 for local, regional and national professionals. The topics of the modules will be decided on after consultation with the SHE planning committee.

Organising a SHE summer school for 20 participants on theory, research and practice of school health promotion in summer 2015, organised by one of the SHE research group members.

Performing three consultancy/advocacy visits in 2015 to (potential) SHE network members to support the national and regional health promoting school programmes. The selection of countries/regions will be based on the needs of the SHE national and regional coordinators, identified at the start of each project year.

## Work Package 3: Delivery of SHE publications and presentations

Start month: 1

End month: 12

Work Package Leader: CBO

Developing a leaflet on the SHE annual work programme with reference to the EU Third Health Programme at the beginning of 2015.

Developing a factsheet in 2015 on a relevant topic related to health promoting schools which will be decided on in consultation with the SHE planning committee and the SHE research group.

Developing an online school health promotion glossary in 2015 which contributes to a better understanding and uniform language concerning school health promotion terminology and further professionalising of the health promoting school programmes.

Representing the SHE network at two European/ international conferences, to advocate on school health promotion and to promote the SHE network.

## Work Package 4: supporting SHE research group

Start month: 1

End month: 12

Work Package Leader: CBO

Coordination of the SHE research group by DPU.

Organising one meeting for the members of the SHE research group in 2015 including a capacity building workshop for SHE research group members in 2015 on

research aspects on school health promotion.

Supporting one publication (which can be a special issue of a scientific peer-reviewed journal, or contributing to a scientific publication) related to school health promotion, in 2015.

## COORDINATOR



CBO BV (CBO)

Churchilaan 11  
3502 LB Utrecht  
20064

Netherlands

WEBSITE: <http://www.cbo.nl>

## PARTNERS

No partners related to the current project



## electronic newsletters

CBO

Schools for Health in Europe network (SHE network)

Expected on: 31/12/2015

relevant news concerning the SHE network and health promoting schools

## Online school twinning tool

CBO

Schools for Health in Europe network (SHE network)

Expected on: 31/10/2015

online tool which facilitates school twinning

## translated versions of SHE online school manual

CBO

Schools for Health in Europe network (SHE network)

Expected on: 31/12/2015

translations of the SHE online school manual in 3 EU languages

## Online user guide for school supporting organisations

CBO

Schools for Health in Europe network (SHE network)

Expected on: 31/12/2015

guide for school supporting organisations on how to support schools in the process of becoming a health promoting school

## e-learning tool

CBO

Schools for Health in Europe network (SHE network)

Expected on: 30/11/2015

e-learning tool including 3 modules which will focus on theory, research and practice of school health promotion

## **SHE factsheet**

CBO

Schools for Health in Europe network (SHE network)

Expected on: 30/11/2015

factsheet on a subject related to school health promotion

## **SHE online glossary**

CBO

Schools for Health in Europe network (SHE network)

Expected on: 30/06/2015

definitions and descriptions of relevant terms related to school health promotion

## **scientific publication**

CBO

Schools for Health in Europe network (SHE network)

Expected on: 31/12/2015

publication about school health promotion, for example a special issue of a scientific journal or contribution to a book

## **SHE leaflet**

CBO

Schools for Health in Europe network (SHE network)

Published on: 12/06/2015

leaflet describing the work of the SHE network in 2015