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## Anti Stigma Programme: European Network

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### Summary

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### Coordinator, Leader contact and partners

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- Associação para o Estudo e Integração Psicossocial - AEIPS
- UNIVERSITY MENTAL HEALTH RESEARCH INSTITUTE - EPIPSI/UMHRI
- Provincia Lombardo Veneta Ordine Ospedaliero di San Giovanni di Dio - Fatebenefratelli - IRCCS
- Mental Health Foundation - MHF
- Stichting Kenniscentrum Rehabilitatie (Centre of expertise on Rehabilitation) - KcR
- Association for Mental Health - INTEGRA, o. z. - 
- Global Initiative on Psychiatry - GIP Sofia
- Központ a Mentális Sérültek Jogaiért Alapítvány / Mental Disability Advocacy Center - MDAC
- Asociatia din Romania de Psihiatrie Comunitara - ARPC
- Heinrich-Heine-Universität Düsseldorf, Rheinische Kliniken Düsseldorf - RKD
- University of Verona - UNIVR
- National Institute for Health and Welfare - THL
- Foundation of Psychiatry Clinic of Medical Faculty of Istanbul - PAP
- Katholiek Universiteit Leuven - KUL
- Awakenings Foundation - AWF
- Etablissement Public Santé Mentale Lille - Métropole - EPSM
- UNIVERSITY PSYCHIATRIC HOSPITAL - PKL
- Vilnius University - VU

### Outputs

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- Final report - Final report
- Interim report 1 - Interim report 1
- Interim report 2 - Interim report 2
- Website
Anti Stigma Programme: European Network

JA2015 - GPSD [705038]

| START DATE: | 01/01/2009 |
| END DATE: | 01/01/2012 |
| DURATION: | 36 month(s) |
| CURRENT STATUS: | Finalised |
| PROGRAMME TITLE: | First Programme of Community action in the field of public health (2003-2008) |
| PROGRAMME PRIORITY: | - |
| CALL: | Health Determinants (Hd 2007) |
| TOPIC: | Integrative approaches on lifestyles |
| EC CONTRIBUTION: | 875318 EUR |
| KEYWORDS: | Health Promotion, Inequalities, Living and working environment, Mood anxiety disorders, Vulnerable Groups |
| PORTFOLIO: | Mental health |
General objectives

The Anti Stigma Programme: European Network (ASPEN) will contribute to reducing stigma and discrimination against people with depression in the 27 EU member states.

Strategic relevance and contribution to the public health programme

Approximately one tenth of the adult population in Europe suffer from mental disorders. Such disorders now account for about 12.3% of the global burden of disease, and this figure will rise to 15% by the year 2020. In Europe 20 million people experience depression and associated personal distress. The total cost of this is estimated at 105,666 million Euros a year. This project focuses on the impact of stigma and discrimination on the everyday life of people with depression, and it will identify strategies to reverse such forms of social exclusion.

Methods and means

To achieve its objectives the project will:
- produce scales to assess stigma and discrimination in people with depression;
- interview 500 persons with depression in 19 sites across the EU;
- collect and compile best-practices to reduce stigma and discrimination;
- assess if anti-discrimination policies are applied in practice;
- provide recommendations on how to include people with mental illness in policymaking and in generic disability discrimination laws.

Expected outcomes period

The key outcomes of the project will be:
- information sharing through best practice toolkit, ASPEN webpage and summary reports;
- improved knowledge for policymakers on practical measures to improve social inclusion of people with depression;
- a high-quality assessment tool for stigma/discrimination scale development;
- dissemination of knowledge on the nature and severity of discrimination experienced across Europe by people with depression;
- transfer of practical and useable information to policy makers on how to increase work opportunities for people with depression by legal measures.
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Final report - Final report
King's College London - KCL
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Published on: 01/01/2009

Interim report 1 - Interim report 1
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Interim report 2 - Interim report 2
King's College London - KCL
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http://www.antistigma.eu/