



# Newsletter

1/2012

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## European Health Examination Survey Conference Monitoring the Health of Europeans

**6-7 March 2012  
Brussels, Belgium**

The European Health Examination Survey (EHES) aims to collect nationally representative high quality health data which are comparable between countries and over time. The purpose of EHES is to facilitate evidence-based planning and evaluation of public health policies and actions. EHES is particularly valuable for monitoring major risk factors of chronic diseases, which cause 86% of deaths in Europe.

The EHES Pilot project was conducted in 2009-2011. Standardized health examination surveys (HES) in the working age population were planned and piloted in 12 countries. Some of the countries had earlier national HESs and some were planning their first one. The core measurements, included by all countries, were height, weight, waist circumference and blood pressure, and blood samples were taken to measure lipid profiles and glucose or HbA<sub>1c</sub>. These are modifiable determinants of major chronic diseases, which cannot be monitored by other means, such as health interview surveys or administrative registers. There was also a short questionnaire to complement the data on the clinical measurements.

The EHES Conference will present the key results of the EHES Pilot project. It provides a forum for discussions on the needs and uses of health examination data for both policy making and scientific research. The conference has oral presentations and posters describing the results of the national pilot and full-size HESs and the work of the EHES Reference Centre.

The EHES Conference will be organized on 6-7 March 2012 in Bibliothèque Solvay, Leopoldpark, 137 rue Belliard, Brussels, Belgium.

The EHES Conference is free of charge but registration is mandatory due to limited size of the conference venue.

The registration form is at  
[http://www.ehes.info/EHES\\_conference.htm](http://www.ehes.info/EHES_conference.htm).

The deadline for registration is on 10 February 2012.

For more information including tentative programme, please see the EHES Conference website at  
[http://www.ehes.info/EHES\\_conference.htm](http://www.ehes.info/EHES_conference.htm).



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