The workshop has been held in Tenuta Moreno (Mesagne) in the province of Brindisi from November 21 (9 am-6 pm) to November 22 (9 am-2pm). The workshop has had n. participants from n...countries, with different expertise: architects, teachers, school managers, physical activity experts, paediatricians, public health experts, educators, politicians, dieticians, consumer union members, journalists, delegates from school meals catering companies, delegates from toys producers (see list of attendants attached).

The workshop has been based on an extensive literature research not only performed in PUB MED, but also performed searching information and experience in the Internet through Google, Yahoo, through the grey literature, and list of projects performed in schools. The search has been performed by the 3 coordinators or their proxies, D Colella and M Morano, from the University of Foggia (collaborating partner), and Silvia Scoditti, architect from AIRAP (collaborating partner) (the list of literature and web sites on this topic is available upon request).

The basic key words to search have been: kindergarten, physical activity, movement and not exercise, play, interiors, outdoor, indoor, furniture, architect, toys, etc.

Beside the participants to PERISCOPE project the workshop has been attended by external experts who also sent their researches to be discussed within the workshop.

The titles of the presentations are reported in the program (see the final program attached).

The workshop has been held in English and in Italian, with a simultaneous translation service, which was necessary, due to the wide intersectorial participation of different nationalities and different expertise.

The workshop got a two page report in one of the two major newspaper in the region and several radio and TV reports.

In the workshop the first results from the PERISCOPE first year survey have been reported as well as a comprehensive review of the preventive interventions in kindergarten age children in Europe and the experience of a national program of health promotion in Denmark by the three coordinators.

In addition several presentations from different expertises from different countries have brought the workshop to become a symbol of intersectoriality in the field of childhood obesity.

The main conclusions coming from the workshop can be summarized as follow:

1. Overweight is starting at a very early age in several countries even though with a different rate
2. With an average value of 20% of overweight it is not possible to wait to perform preventive interventions in this age children.
3. Kindergarten can be a perfect setting to improve Physical Activity (PA) and eating habits.
4. There is a need to properly inform the parents, training the teachers, and change the environment to improve children’s life style.
5. The architectural structure of kindergarten often limits the possibility of children’s movement.
6. There is also the need to promote PA and healthy eating patterns in a positive environment using a playing approach.
7. All the preventive intervention and activities must be sustainable even after the end of the project and this means that the activities must be at a very low cost. In the field of nutrition good practices an example can be in the school garden vegetable cultivation, while in the field of PA the use of old street games and the painting of games schemes on the kindergarten floor.

8. The workshop proceedings will be published in a supplement of IJPO through a peer review procedure in order to create a “milestone” in the inter-sectoral policies and practices to prevent overweight development in kindergarten age children.

9. The PERISCOPE web site could become a “virtual forum” to discuss topics of childhood obesity.